Michael S. Trieger, Psy.D.
Licensed Clinical Psychologist

Melissa Fisher Paoni, Ph.D.
Licensed Clinical Psychologist

Helen P. Appleton, Ph.D., ABPP
Licensed Clinical Psychologist

Mary L. Ossowski, LCSW
Licensed Clinical Social Worker

Lori K. McKenzie, Psy.D.
Licensed Clinical Psychologist

Donald R. Henke, LCSW
Licensed Clinical Social Worker

Bill McKenzie, MA, LCPC
Licensed Clinical Professional Counselor

Springfield Psychological Center, LLC

Jenna Reid Yates, Ph.D.

ADULT HISTORY

Name_____ Date_____

Address_____

Phone (H)_____ (W)_____

DOB_____ Age_____Occupation_____

Referred by?_____

Reason for making appointment?_____
_____
_____

With whom are you now living? (list people)
Name Age Relationship Occupation

_____
_____
_____
_____

Medical History (include past and present conditions)_____
_____

Medications_____
_____

Physician_____
Previous Mental Health Treatment
When? With Whom? Outcome

_____

Family History of mental or emotional problems, including alcohol or substance abuse:
_____
_____

Educational History (Briefly describe school experiences, including highest grade level attained.)

_____

_____

_____

Employment History

1. Present employment status and where: _____

_____

2. Work related concerns? _____

_____

Talents and skills _____

Symptom Check List **(check all that apply to you):**

___Depression	___Feeling that you are not real	___Lose track of time
___Low energy	___Anger control problems	___Defies rules
___Poor concentration	___Blames others	___Argues
___Hopelessness	___Alcohol/drugs	___Blackouts
___Worthlessness	___Appetite disturbance (more/less)	___Headaches
___Guilt	___Spousal abuse	___Sadness/loss
___Anxiety/panic	___Heart pounding/racing	___Chest pain
___Trembling/shaking	___Chills/hot flashes	___Sweating
___Tingling/numbness	___Phobias	___Racing thoughts
___Nausea	___Delusions/hallucinations	___Relationship issues
___Confusion	___Sleep disturbance (more/less)	___Intrusive thoughts
___Self-injury	___Loneliness	___Marital/family
___Dizziness	___Impulse control problems	___Social withdrawal
___Nightmares	___Thoughts of hurting yourself (past/present)	
___Physical abuse (past/present)	___Thoughts of hurting others (past/present)	
___Sexual abuse (past/present)	___Stomach/bowel problems	
___Excessive behaviors (spending/gambling/sex)		
___Other (specify)_____		